

**TAMPINES GRC TAEKWONDO INVITATIONAL CHAMPIONSHIPS  
ONG KIAN MIN CUP 2008**

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**INFORMATION SHEET**

**1 SCHEDULE**

- 1.1 Free Weight Check : 15 March 2008 ( Saturday )  
9.00am to 10.00am at Tampines North CC
- 1.2 Official Weigh-in : 15 March 2008 ( Saturday )  
10.00am to 11.00am at Tampines North CC
- 1.3 Registration : 15 March 2008 ( Saturday )  
10.00am to 11.00am at Tampines North CC
- 1.4 Briefing & Drawing of lots : 15 March 2008 ( Saturday )  
2.00pm to 3.00pm at Tampines North CC
- 1.5 Competitions : 29 March 2008 ( Saturday )  
1.00pm to 10.00pm at Tampines North CC
- 1.6 Competitions : 30 March 2008 ( Sunday )  
9.00am to 3.00pm at Tampines North CC

(The organizing committee reserves the right to change the schedule as it deems fit)

**2 ELIGIBILITY**

- 2.1 Members of clubs affiliated to Singapore Taekwondo Federation ( STF ).
- 2.2 Blue / Brown belt and poom belt holders (Grades obtained in January 2008 or earlier).

**3 CLASSIFICATIONS (FREE SPARRING)**

- Division A 16 years old and below  
(Born in year 1992 to 1994)
- Division B 13years old and below  
(Born in year 1995 to 1997)
- Division C 10 years old and below  
(Born in year 1998 to 2000)
- Division D 7 years old and below  
(Born in year 2001 and after)

(Details on the weight divisions are provided in the registration form)

#### 4 NUMBER OF PARTICIPANTS

4.1 One player per weight category

#### 5 UNIFORM

5.1 Contestants shall wear the official uniform of the STF. Those who fail to observe this rule will be barred from participation.

#### 6 FIXTURES

6.1 The tournament fixtures will be ready for collection from the Organizer on 10 March 2008 (Monday) onwards.

#### 7 WEIGH-IN

7.1 Weigh-in shall be conducted once. However one more weigh-in within half an hour of the first weighing shall be granted to contestants who fail to qualify the first time. Switching of weight categories after weigh-in will not be allowed.

#### 8 DRAWING OF LOTS

8.1 Only one representative per club will be allowed to participate in draw which will be conducted on 15 March 2008 (Saturday) at 2.00pm.

#### 9 CONTEST

9.1 There will be no contest if there are fewer than 4 contestants in any of the categories.

#### 10 METHOD OF COMPETITION

10.1 Single elimination system (Free Sparring).

#### 11 RULES AND REGULATIONS

11.1 WTF and STF rules will apply.

11.2 Free sparring will be conducted in 3 rounds of 1.5 minutes each with 30 seconds rest in between rounds. The organizing committee reserves the right to modify the duration.

11.3 Kicking to the head are prohibited for the Junior Divisions. The competitor who executes a kick to the head will be given a one-point (Gam-Jeom) deduction if there is no injury at all or an immediate disqualification if it results in any injury. Only one Gam-Jeom shall be given for head kick per match.

## 12 REGISTRATION

- 12.1 Registration for the championships will be open on 15 March 2008 from 10.00am to 11.00am at the Tampines North Community Club.
- 12.2 Proofs of participants' grades and ages are required for verification. Grading cards, poom certificates, birth certificates and passports are acceptable as documentary proofs.
- 12.3 Registration Fees: S\$ 5.00 per contestants.

## 13 PROVISION OF REFEREE

- 13.1 All participating teams or clubs are required to provide one qualified National Referee for the tournament.

## 14 COMPETITION OFFICIAL COACH PASS

- 14.1 All coaches are required to display their coach passes before entering the field of taekwondo play.
- 14.2 Teams and clubs officials may apply for the passes on the registration day, Saturday 15 March 2008, at Tampines North Community Club.
- 14.3 Passes will be ready for collection during the competition from the Information Counter.

## 15 EQUIPMENT

- 15.1 Participants are responsible for their own protective equipments.
- 15.2 Equipments used for the competition must be approved by the STF.

## 16 AWARDS

- 16.1 The following prizes will be presented:
  - 1st place : One Gold Medal
  - 2nd place : One Silver Medal
  - 3rd place : Two Bronze Medals
- 16.2 In addition to 16.1, overall champions will be awarded.
- 16.3 The titles will be based on, first, the number of gold medals won, followed by the number of silver medals won and finally the number of bronze medal collected. If there is still a tie, the number of participants fielded will decide the winner.
- 16.4 All medal winners must be present in FULL uniform to receive their prizes

17 DECLARATION

17.1 Affiliate representatives (Managers / Coaches) must ensure that parents of participants personally endorse the indemnity forms. They will be held responsible if the forms contain fake signatures.

18 RANDOM CHECK

18.1 Random weight checks will be conducted during the tournament. Contestants, who fail their weight requirement, shall be disqualified.

19 PROTEST

19.1 Any protest against a judgment shall be made on a prescribed form and submitted together with the fee of S\$100.00 to the Arbitration Committee within 10 minutes of the pertinent contest.

20 ENQUIRIES

20.1 For further clarification please call: Tampines North Community Club  
at 6783-2900  
OR  
Mr. Lim Keng Leong (Technical Chariman)  
at 9028-8219